

הלכה of the Week

~ מודה אני ~ Saying

When we sleep we entrust 'ה with our נשמה, our soul.

Hashem, in His kindness, restores our נשמה to us in the morning, leaving us feeling rested and refreshed.

Therefore, when we wake up in the morning we thank our Creator by reciting מודה אני.

פרקי אבות of the Week

פרק א

א משה קבל תורה מסיני, ומסרה ליהושע, ויהושע לזקנים, וזקנים לנביאים, ונביאים מסרוה לאנשי כנסת הגדולה. הם אמרו שלשה דברים, הו מתונים בדין, והעמידו תלמידים הרבה, ועשו סג לתורה:

Moshe received the Torah from (Hashem at) Mount Sinai, then passed (taught) it to Yehoshua, Yehoshua passed it to the Elders, the Elders passed it to the Prophets and the Prophets taught it to the (great Rabbis called the) Men of the Great Assembly.

They (the Men of the Great Assembly) taught three important lessons:

- think very carefully before judging,
- teach as many students as possible,
- make a 'fence' to protect the Torah.