



הַלְכָה of the Week

~ נְטִילַת יָדַים ~ How to perform the morning

One should take a utensil filled with water in his right hand and pass it to his left hand in order to wash the right hand first. One should wash each hand three times, in this order:

right, left, right, left, right, left

Some people wash each hand four times.



It is best to wash each hand right up to the wrist.

One should use an uncracked utensil for נְטִילַת יָדַים - a round cup or glass that does not have a lip for pouring.

פְּרָקִי אָבוֹת of the Week

פְּרָק א

ו' יְהוֹשֻעַ בֶּן פְּרַחְיָה וְנִטַּי הָאֲרֵבֶּלִי קִבְּלוּ מֵהֶם. יְהוֹשֻעַ בֶּן פְּרַחְיָה
אָמַר, עֲשֵׂה לְךָ רֵב, וּקְנֵה לְךָ חֵבֵר, וְהָיוּ דֵּן אֶת כָּל הָאָדָם לְכַף זְכוּת:

Yehoshua ben Perachyoh and Nittai of Arbel received the tradition from them. Yehoshua ben Perachyoh says:

Accept a teacher upon yourself, acquire a friend for yourself, and judge everyone favourably.

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