

## Jewish Literacy Programme

### Year 4 ~ Week 12

Write each Hebrew word into script

| English Translation | חומש Words | English Translation | חומש Words |
|---------------------|------------|---------------------|------------|
| quickly             | מֵהֵר      | to eat              | לֶאֱכֹל    |
| to see              | לִרְאוֹת   | to watch, guard     | לְשָׁמֹר   |
| to drink            | לְשִׁתּוֹת | border              | גְּבוּל    |

### English Translation / Explanation

### G.K. Words

#### שַׁבָּת (2)

Write each Hebrew word into script

Candles are lit to 'usher in' the holy Shabbos day. The purpose of the candles is to bring light, peace and oneg, a pleasant atmosphere, into the home. A בְּרָכָה is said after the candles are lit on Friday night. As soon as the candles are lit, Shabbos has begun for the person who lit them, and no מְלָאכוֹת may be performed. We light a minimum of two candles, to remind ourselves of the two commands of שְׁמֹר (guard Shabbos, by observing the negative mitzvos, e.g. by avoiding the מְלָאכוֹת) and זְכוֹר (remember Shabbos with the positive mitzvos, e.g. making kiddush). In many families one extra candle is lit for each of the children.

נֵרוֹת

We have two loaves at each meal. These represent the double portion of מָן that fell for the בְּנֵי יִשְׂרָאֵל on Fridays, when they were travelling in the מִדְבָּר, so that they did not need to go collecting on שַׁבָּת. We place the loaves on a board and cover them with a cloth to remind us of the dew that protected the מָן from above and below.

חֻלָּה \ חֻלוֹת

קידוש is made over wine, before the beginning of the meal. Wine is a symbol of blessing and joy, which is why wine is drunk to welcome Shabbos. Wine is also used for other מִצְוֹת, for example: Havdolah, the four cups at the Pesach Seder, at a wedding and at the Sheva Brochos, at a Bris Miloh, and sometimes at the end of בְּרַכַּת הַמּוֹזֵן.

יַיִן

We smell spices during הַבְדֵּלָה in order to cheer ourselves up as we feel the loss of the נֶשְׁמָה הַיְתֵרָה - the extra soul - that we have on Shabbos and that leaves as Shabbos ends.

בְּשָׂמִים

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| א | ב | ג | ד | ה | ו | ז | ח | ט | י | כ | ך | ל | מ | נ | ס | ע | פ | ף | צ | ץ | ק | ר | ש | ת |
| א | ב | ג | ד | ה | ו | ז | ח | ט | י | כ | ך | ל | מ | נ | ס | ע | פ | ף | צ | ץ | ק | ר | ש | ת |