

הַלָּכָה of the Week

~ בְּרָכוֹת הַנֶּהֱנִין (3) ~

~ Choosing Which בְּרָכָה to Say First ~

When we have different foods in front of us, and we want to eat more than one of them, we need to know the order in which to take them and to say the different בְּרָכוֹת. The basic rules can be studied in the following chart.

MASTER LIST

1. Bread, rolls - הַמּוֹצֵיאַת
2. Cake, biscuits, crackers, pasta, pretzels, cereals and other מְזֻזוֹנוֹת...
3. Wine, grape juice - הַנֶּכֶן
4. Fruits, vegetables:* a) same בְּרָכָה b) different בְּרָכָה
5. Other foods - שֶׁהַכֹּל

* Fruits, Vegetables:

- בְּרָכָה שְׁמִי - SAME

1. שְׁבַעַת הַמִּינִים

- a) Olives
- b) Dates
- c) Grapes
- d) Figs
- e) Pomegranates

2. a) Whole b) Sliced

3. חֲבִיב - Your preferred Choice.

- בְּרָכָה שְׁמִי - DIFFERENT

1. חֲבִיב - Your preferred Choice.

2. שְׁבַעַת הַמִּינִים

3. a) Whole b) Sliced

4. a) פֶּרִי הָעֵץ b) פֶּרִי הָאֲדָמָה

Discuss: Which would you take first from: a) a fig and a date b) a whole apple and a slice of pomegranate
c) a slice of orange and a slice of banana which you prefer d) a grape and a pear which you prefer
e) a piece of cake and a fig f) a glass of grape juice and an olive which you prefer g) barley soup and olives

פְּרָקִי אֲבוֹת of the Week

פְּרָק ד

א בֶּן זוֹמָא אוֹמֵר, אִיזְתוּ חֶכֶם, תְּלוּמֵד מִכָּל אָדָם... אִיזְתוּ גִבּוֹר, תְּבוּכֵשׁ אֶת יָצְרוֹ... אִיזְתוּ עֲשִׂיר תְּשֻׁמָּה בְּחֻלְקוֹ... אִיזְתוּ מְכַבֵּד, תְּמַכְבֵּד אֶת תְּבָרִית...:

Ben Zomo says: “Who is wise? He who learns from every person. Who is strong? He who controls his יָצָר הָרָע. Who is rich? He who is happy with his lot. Who is honoured? He who honours others.”
