

of the Week

~ תַּפְלָה Times of תְּפָלָה ~

Our three אבות fixed the times of prayer:

אַבְרָהָם in the morning, שַׁבְרָהָם in the afternoon and מִנְּחָה instituted מְנְרָה in the afternoon and מַעַרִיב instituted מַעַרִיב (or עַרְבִּית) in the evening.

The prayers that we recite are also a substitute for (take the place of) the בֵּית הַמִּקְדָשׁ , sacrifices, that were offered to Hashem in the בֵּית הַמִּקְדָשׁ:

שַׁחֲרִית , the morning prayer, is in place of the daily אַרְבָּן הָּמִיד that was offered in the morning;

מְנְחָה , the afternoon prayer, is in place of the daily קַרְבָּן תָּמִיד that was offered in the afternoon;

מַעֲרִיב , the evening prayer, is in place of the burning of the sacrifices' parts at night.

אַרְית is recited after שַׁרְוֹרִית on Shabbat, Yom Tov (festivals) and Rosh Chodesh (the first day of the Hebrew month) and reminds us of the מּנִּסֶרְ (additional) sacrifice that was offered on those days.

In our תְּפָלוֹת we pray for the בֵּית הַמִּקְדָשׁ to be rebuilt soon so that we may once again serve 'קְרְבָּנוֹת We look forward to this because the Temple service will bring the whole Jewish nation much closer to Hashem.

of the Week פְּרְקֵי אָבוֹת

פרק א

ז נִתַּאי הָאַרְבֵּלִי אוֹמֵר, הַרְחֵק מִשֶּׁבֵן רָע, וְאַל תִּתְחַבֵּר לָּרָשָׁע, וְאַל תִּתְיָאֵשׁ מִן הַפֶּּרְעָנוּת:

Nittai of Arbel says:

- a) Stay far away from a bad neighbour;
- b) Do not be friends with a bad person;
- c) Do not think that a bad person will escape his punishment.