



## ~ בַּרְכוֹת הַשַּׁחַר ~

(The Morning Blessings, part 2)

The Rabbis commanded many different בְּרֶכוֹת to be recited before enjoying various pleasures available in the world.

They said: "A person is forbidden to gain any enjoyment from this world without first reciting a blessing. Whoever gains enjoyment without first reciting a בָּרֶבָה is like one who steals a holy object." (Berochos 35a)

Since everything in the world belongs to 'ה, taking anything for our personal use without first reciting a בְּרָכָה is like stealing a holy object. However, once a person has recited a בְּרָכָה he is permitted to gain benefit from the object.

of the Week פַּרְקֵי אָבוֹת

פרק א

י"ד הוא הָיָה אוֹמֵר, אָם אֵין אֲנִי לִי, מִי לִי. וּכְשֶׁאֲנִי לְעַצְמִי, מָה אֲנִי. וְאָם לֹא עַכְשָׁיוֹ, אֵימָתָי:

He (Hillel) also taught (that we should always ask ourselves three questions):

- a) if I am not for myself, who will be for me?
- b) ..and if I am for myself, what am I?
- c) ..and if not now, when?

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