## of the Week הַלְכָה



## ~ (1) אַשָּׁר יָצַר ~

(The Blessing, "אֲשֶׁר יָצַר אֶת הָאָדָם בְּחָכְמָה" "Who has formed man in wisdom.")

ָּבָרוּךְ אַתָּה ה' אֱלֹקֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר יָצַר אֶת הָאָדָם בְּחָכְמָה, וּבָרָא בוֹ נְקָבִים נְקָבִים, חֲלוּלִים חֲלוּלִים, גָלוּי וְיָדוּעַ לִפְנֵי כִּפֵּא כְבוֹדֶךְ שֶאִם יִפָּתֵחַ אֶחָד מֵהֶם, אוֹ יִפְתֵם אֶחָד מֵהֶם, אִי אֶפְשַׁר לְהִתְּקַיֵים וְלַעֲמוֹד לְפָנֶיךְּ: בָּרוּךְ אַתָּה ה', רוֹפֵא כָל בָּשָׂר, וּמַפְלִיא לַעֲשׂוֹת:

Every time one relieves oneself one should wash his hands with water and soap and recite the אֲשֶׁר יָצֵר". He should not recite the עַל נִטִילַת יָדֵיִם of עַל נִטִילַת יָדֵיִם after washing his hands.

One should wash his hands outside the bathroom. If it is not possible to wash his hands outside he should wash them inside the bathroom and dry them outside.

One should wash his hands after leaving a bathroom, even if he did not make use of it.

of the Week פַּרְקֵי אָבוֹת

בַרק ב

ב רַבָּן גַּמְלִיאֵל בְּנוֹ שֶׁל רַבִּי יְהוּדָה הַנָּשִּׂיא אוֹמֵר, יָפֶה תַלְמוּד תּוֹרָה עָם דֶּרֶךְ אֶרֶץ, שֶׁיְגִיעַת שְׁנֵיהֶם מְשַׁבַּחַת עָוֹן. וְכָל תּוֹרָה שֶׁאֵין עָמָה מְלָאכָה, סוֹפָה בְּמֵלָה וְגוֹרֶרֶת עֻוֹן. וְכָל הָעֲמֵלִים עִם הַצִּבּוּר, יִהְיוּ עֲמֵלִים עָמָהם לְשֵׁם שָׁמֵיִם, שֶׁוְּכוּת אֲבוֹתָם מְסֵיְעָתֵן וְצִדְקָתָם עוֹמֶדֶת לָעַד. וְאַהֶּם, מַעֲלֶה אֲנִי עֲלֵיכֶם שָׁכָר הַרְבֵּה בְּאִלוּ עֲשִׂיתֵם:

## Rabban Gamliel, the son of Rabbi Yehudah HaNasi, taught:

- (a) It is good to **combine Torah study with a job**, for working hard at both of them stops a person from sinning. Even more, any Torah study that is not combined with a job may end up as nothing and may even lead to sin.
- (b) When you work for the community you should work for Hashem's sake, for then the good deeds of your fathers will help you, for their good deeds last forever. Also, even though you were helped by their good deeds, Hashem will still reward you as if you did everything by yourself.

O I Richards 2017