

~ בָּרָכֹת הַנְּחָנִין (3) ~
~ Choosing Which בָּרָכה to Say First ~

When we have different foods in front of us, and we want to eat more than one of them, we need to know the order in which to take them and to say the different בָּרָכוֹת. Let's study the basic rules:

1. on bread (...in order, of: wheat flour, barley flour, spelt flour, rye flour, oat flour)
2. on cake (...in order, of: wheat flour, barley flour, spelt flour, rye flour, oat flour)
3. on cooked a) wheat flour b) barley flour c) spelt flour d) rye flour e) oat flour
4. on wine, grape juice
5. on rice
6. on one of the שְׁבָעַת הַפְּרִיִּים (in order, of: olives, dates, grapes, figs, pomegranates)
7. Fruits / vegetables / in the following order:

- בָּרָכה -	- DIFFERENT בָּרָכה: fruit versus vegetable -
1. שְׁבָעַת הַפְּרִיִּים	1. Complete fruit
a) Olives	2. - חִבֵּיב - Your usually preferred choice
b) Dates	3. שְׁבָעַת הַפְּרִיִּים
c) Grapes	4. בּוֹרָא פָּרִי הַעַז before
d) Figs	בּוֹרָא פָּרִי הַאֲדָמָה
e) Pomegranates	
2. Complete fruit	
3. - חִבֵּיב - Your usually preferred choice	
4. - חִבֵּיב - Your preferred choice now	

Discuss: Which would you take first from: a) a fig and a date b) a whole apple and a slice of pomegranate
c) a slice of orange and a slice of banana which you prefer d) a grape, and a pear which you prefer
e) a piece of cake and a fig f) a glass of grape juice and an olive which you prefer g) barley soup and olives

8. on solid food

9. on a drink

אָבִן זֹמָא אָמֵר, אַיִלָּה חָכָם, הַלּוֹמֵד מִכָּל אָדָם... אַיִלָּה גָּבֹור, הַכּוֹבֵשׁ אֶת יִצְרָרָו... אַיִלָּה עָשֵׂר הַשְּׁמָמָה בְּחַלְקָו... אַיִלָּה מְכַבֵּד, הַמְּכַבֵּד אֶת הַבְּרִיאָת...:

Ben Zoma says: “Who is wise? He who learns from every person. Who is strong? He who controls his **הַרְעָע**. Who is rich? He who is happy with his lot. Who is honoured? He who honours others.”
