

1. נָשִׁים	women
2. עֲבָדִים	servants / slaves
3. קְטַנִּים	minors (children younger than Bar or Bas Mitzvah)
4. פְּטוּרִין	are exempt
5. מִקְרִיאַת שְׁמַע	from doing the mitzvah of reciting Kerias Shema
6. וּמִן הַתְּפִלִּין	and from doing the mitzvah of putting on Tefillin
7. חַיִּבִּין	they are obligated
8. בַּתְּפִלָּה	in the mitzvah of Tefillah (davening)
9. וּבְמִזְוָה	and in the mitzvah of putting up a mezuzah
10. וּבְכִרְכַּת הַמָּזוֹן	and in the mitzvah of reciting Birkas Hamazon
11. מִצְוַת עֲשֵׂה שֶׁהִזְמַן גְּרָמָא	A time-bound positive mitzvah
12. נָשִׁים פְּטוּרוֹת	women are exempt
13. וְכָל מִצְוֹת עֲשֵׂה שֶׁהִזְמַן גְּרָמָא נָשִׁים פְּטוּרוֹת	and women are exempt from all time-bound positive mitzvos
14. וְתְּפִלִּין מִצְוַת עֲשֵׂה שֶׁהִזְמַן גְּרָמָא הֵן	and Tefillin, they are a time-bound positive mitzvah
15. לַיְלָה וְשַׁבָּת לֹא זְמַן תְּפִלִּין נִינְהוּ	night-time and Shabbos are times when Tefillin are not worn
16. דְּתְּפִלָּה רַחֲמֵי הִיא	because Tefillah (davening) is about asking for mercy
17. אַף לְנָשִׁים	even for women
18. וּלְחַנּוּךְ בְּהַקְטַנִּים	and to train children in it