



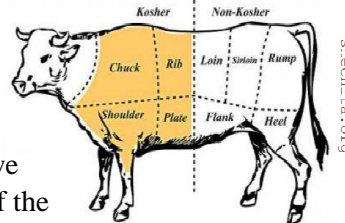
## Summary of the פרשה, עליות

**פרק** יעקב sent מלאכים ahead of him, to עשו. The מלאכים returned and told יעקב that his brother, עשו, was coming with 400 men. יעקב prepared to meet עשו in three ways:

1. he divided his camp into two - should one be struck the other would survive;
2. he said תפלות to ה';
- לוי** 3. he sent gifts to עשו.

יעקב wrestled with a 'man' (מלאך). יעקב's hip socket was injured. יעקב said that he would not let the מלאך go until he blessed him. The angel said:

“... לא יעקב יאמר עוד שמך כי אם ישראל כי-שירת עם-אלקים ועם-אנשים ותוכל:”  
 “No longer will it be said that your name is יעקב, ישראל, for you have become great before (or: “you have fought with”) ה' and man, and you have won.”



**שלישי** יעקב began to limp because of his injured hip. This is why we may not eat the גיד הנשה - the sciatic nerve, from the hindquarter of the animal - to this day. יעקב saw עשו coming. He divided his children among his wives and the שפחות (handmaids), then went ahead, bowing seven times as he approached his brother. עשו ran towards him, fell upon his neck, and kissed him; then they wept. עשו saw the women and children and asked: “Who are these to you?” יעקב answered: “The children whom ה' has graciously given to your servant.”

**רביעי** יעקב's wives, שפחות and children then came forward and bowed down. יעקב urged his brother to accept the gifts and עשו refused at first, but then, finally, accepted. (The מדרש teaches that עשו had really wanted to accept all the time.) עשו said that they should travel together, but יעקב answered that his children, and his nursing flocks and cattle would not cope with עשו's pace. יעקב arrived at שכם, in פנעו .

**חמישי** דינה was kidnapped by שכם, the prince of the region. שכם asked his father, חמור, if he could have דינה as a wife. חמור went to speak with יעקב. He wanted his people and בני ישראל to marry each other and live amongst each other. יעקב's sons told שכם and his father חמור that their men would all have to have מילה. They returned and told this to their people. All the males then had מילה. On the third day, שמעון and לוי killed every male with their swords and rescued דינה. יעקב was very cross with שמעון and לוי for what they had done. ה' told יעקב to go to Beis El and build a מזבח. יעקב did as ה' had said. ה' appeared to יעקב, blessed him, and told him that his name would be ישראל.

**ששי** רחל died as she was giving birth to בנימין. She was buried on the road to אפרת, which is לחם. יעקב put a monument over her grave. עשו and יעקב died at the age of 180 and was buried by his sons, יצחק. The תורה lists the descendants of עשו and the chiefs of his children, known as the אלוףי עשו.

**שביעי** אלוף מגדיאל אלוף עירם אלה | אלוףי אדום למשבתם בארץ אחזתם הוא עשו אבי אדום:

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שמאי says: Make your תורה study a fixed practice; say little and do much, and receive everyone with a cheerful face.

פרקי אבות : א: ט"ז

שמאי אומר, עשה תורתך קבע. אמור מעט ועשה הרבה, ורחמי מקבל את כל האדם בסבר פנים יפות: